Seth Cahoose FIRST NATIONS ROLE MODEL 2021



Seth is a proud member of Tl'etinqox Government (Anaham Band). Seth is in Grade 8 at Lake City Secondary School (Columneetza Campus) and is an 'Honor Roll' and 'Work Ethic' award student.

Physical Education Teacher, Morley Wilson shares that "Seth displayed a high level of positivity in class. He always did his best and worked hard to support others. Seth put a lot of effort into the academic work required".

Math 8 Teacher, Mike Bird shares "I enthusiastically endorse Seth Cahoose for the 2021 Role Model. I was proud to select him as "Student of the Week" this school year. Seth is very polite and personable. He is well liked by the staff and his peers. I would love to teach Seth again next year!"

Seth is very proud of his First Nations ancestry. He shares that he is a proud Tsilhqot'in from Tl'etinqox. He is half Chilcotin and half Carrier. He gives thanks to his Great Aunt Lorianne and her family for taking care of him since the age of 11. He is grateful for all she has taught him and continues to teach him. Seth is always willing to help his Elders whenever he can. He learned to pick Indian tea by helping the Elders. Seth says that "Elders are our 'Knowledge Keepers' and you can learn a lot from them just by sitting beside them quietly". Seth has a love of the land and enjoys the outdoors. He is proud that his grandparents on both sides are hunters and gatherers that live off the land.

Seth leads a healthy and active lifestyle. He is proud to be drug and alcohol free. Being positive and making healthy decisions is why Seth would like to become a leader to those who are in helpless situations, to show them that they can make a difference, and change their future outcome in life. Seth is confident that he will make a good role model because over the past couple of years he has grown stronger mentally, physically, spiritually, and emotionally. He shares "my aunt has showed me love, patience, respect and honor".

In his spare time Seth plays House League Hockey in Williams Lake. His coach says "Seth has proven to be not only a talented hockey player but a well-rounded athlete demonstrating great sportsmanship, character, and leadership. Seth is a very clean player and I can't recall him receiving a penalty in the time I have coached him. He is always very supportive of his own teammates and those on the other team and is well liked by everyone. He remains positive regardless of whether his team is winning or losing. Last season Seth received the 'Most Sportsmanlike Player' for the entire Williams Lake Minor Hockey Association Peewee (U13 Division) recognizing his commitment to sportsmanship. This season Seth was chosen by his teammates and coaches to be an assistant captain for his Bantam (U15) house league team. Although the season was cut short, Seth did an admirable job as an assistant captain for the team".

In the future Seth plans to put his Role Model Bursary toward a new laptop for school and also begin to save for college.

