



Mental Health in SD 27- Nurtured by Nature

- **COMMUNICATING:** modeling, research, promotion of support available from SD 27, Cariboo-Chilcotin Teachers Association, community, regional, and provincial partners
- **CAPACITY BUILDING:** professional learning, resources, partnerships, networking

Learning about MENTAL HEALTH

- **Universal:** Everyday Anxiety Strategies for Educators (EASE) curriculum K-12
- **Targeted:** Preventure program with Interior Health, Teaching Mental Health Literacy
- **Individual:** Student learning plans supported by improved School Based Team processes
- Suicide Risk Screening & Intervention protocol, Applied Suicide Intervention Skills Training
- Staff learning: EASE, Mental Health Literacy, Ripple Effect of Resiliency, Finding Your Purpose & Wellness, 10 Steps to Trauma-Informed Schools/Circle of Courage, Cariboo-Chilcotin Teacher Association: BCTF Well Teacher Group and Starling Minds
- Nature-Based SEL Network



Creating COMMUNITY

- SD 27 Framework: *Our Collective Responsibility*
- Yearlong theme: Walking Together and Be A Good Ancestor
- School Plans for Learner Success: sense of belonging and attendance as key goals
- Ed Collective and Learning Alongside: teacher mentorship and support program
- Student voice initiatives
- Restorative practice
- 10 Steps to Creating Trauma-Informed Resilient Schools: Circle of Courage
- Compassionate Systems Leadership
- Accessibility plan
- Feeding Futures and other community collaborations

Learning on THE LAND

- TMO4L Yearlong Challenge
- Staff learning: Cariboo Chilcotin Teachers Association non-instructional day workshops and Outdoor Learning Network, local Environmental Education Provincial Specialist Association (EEPSA) Chapter, Classrooms 2 Communities, Outdoor Learning Store workshops, Outdoor Council of Canada field leader and supervisor training . . .
- Outdoor resources for classrooms and StrongStarts
- Outdoor clothing and gear for students
- Indigenous Education Council (IEC) supported activities
- Outdoor and Indigenous learning spaces
- Partnerships: Scout Island, Gavin Lake, JUMP! Educo

For HEALTH. For LEARNING. For STUDENTS. For STAFF. For FAMILIES.