

Providing students in high school an opportunity to complete grade 12 with advanced access to a career in culinary arts by integrating Professional Cook Training into their secondary school studies.



PROFESSIONAL COOK 1

Cook up your dream career.



Receive Dual Credits

Delivered in partnership with School District 27 ♦ Cariboo Chilcotin and Thompson Rivers University.

OFFERED IN KAMLOOPS



As a Cook

you might be part of a team or leading a specific station - either way, you have to be fast, efficient and love the adrenaline rush of a tight deadline. You'll be working elbow to elbow with other Cooks in close quarters, coordinating your work down to the second, so that every meal that leaves the kitchen is fresh, hot and tasty.

As a Cook

you can find work wherever people are eating - think restaurants, catering companies, hotels and resorts, ships and hospitals - or start your own business.

Cooks

are the experts who handle the heat in commercial kitchens. They are involved in all phases of the process from cost projection and preparation to presentation. You will be paired with an experienced Cook who will help you navigate the fast-paced world of commercial kitchens.

Credential issued?

ITA Certificate of Qualification (Professional Cook 1)

Program Completion requirements?

Completion of technical Training and Achievement Criteria as specified in the Program Outline

- Completion of a recognized Professional Cook 1 in-school/technical training
- Professional Cook 1 Certificate of Qualification written examination

Completion of 1,000 workplace hours with the recommendation of Certification signed by the Sponsor *AND* a certified Cook or holder of an ITA issued letter authorizing supervision and sign off of apprentices in the trade, certified Professional Cook 3 or Certified Chef de Cuisine (CCC)

Program prerequisites:

- FOODSAFE Level 1 certificate
- Recommended Education - Grade 10 or equivalent including English 10, Mathematics 10, and Science 10
- Preferred grade 12

Application requirements:

- Interview with Coordinator of Career Programs of SD 27
- Complete Application Package including an Educational Plan, Resume and Letter of Reference from a community member

Note: After the Career Centre receives and reviews a submitted application, qualifying students will be contacted to complete an Accuplacer Test and arrange and interview with a TRU instructor.

Pre-requisites for the start of post secondary training:

Admission Requirements

- Student will maintain passing marks for all Grade 10/11 core courses
- It is strongly recommended that a student obtain a minimum C average in
 - ⇒ Math 10/11 (Foundations Math 10/11 preferred)
 - ⇒ English 10/11
- Students/parents must attend a **YOUTH TRAIN IN TRADES** Program Orientation session, (prior to the start of post secondary training)

Note: During the orientation session, the instructor will confirm the list of materials the student must purchase.

Benefits of attending a **YOUTH TRAIN IN TRADES** Program:

- Early admission to post secondary studies while still in secondary school
- No post secondary tuition fees while enrolled in an **YOUTH TRAIN IN TRADES** Program
- Choice of entry to employment with enhanced technical skills or continuing post secondary studies.

How do I apply?

Applications are being accepted on a first come basis from School District No. 27 student entering in February of their Grade 11 or 12 year.

For more information visit the Career Centre in your School or contact

David Corbett

Phone

250.398.3823

Email

david.corbett@sd27.bc.ca

For more information on **YOUTH TRAIN IN TRADES** Programs in BC visit:

<http://www.itabc.ca/youth>



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