

## What is a StrongStart Centre?

- A program that offers a school-based, high quality early learning opportunity to families with young children that encourages problem-solving skills, self-esteem building practices, and the social skills that will help them successfully manage in school and lay a foundation for life-long learning.



- A program that recognizes that the parent is the first and most important teacher in a child's life. Increased involvement in their child's education contributes to success.

**"You Make the Difference"**

- A program that teaches family literacy and the importance of family-involved education.



The StrongStart Early Learning Centres are funded and supported by the Ministry of Education and School District #27

### Monday - Friday

Cataline 392-7154 9am-12pm

Marie Sharpe 398-3843 9am-12pm

Mountview 392-7344 8:30am-11:30am

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### Mondays 9:00 am - 12:00 pm

at Big Lake (250) 243-2255

### Tuesdays & Thursdays

8:30 am - 11:30 am

at 150 Mile House (250) 296-3356

### Wednesdays 9:00 am - 12:00 pm

at Horsefly (250) 620-3438

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School-based , early learning  
**Parent Participation**  
programs



# What Happens at the StrongStart Centres?

The years between birth and school-age are a critical time in a child's life.

The experiences that children have in the early years influence their future health, well-being, and life-long learning.



Research has shown that children who have had exposure to language rich environments and play based early learning experiences are more likely to develop skills that can contribute to kindergarten readiness and support their success in school.

**Children learn through play!**

Play is a child's way of exploring and discovering their environment. A child's play is the greatest learning tool for not only the child, but also for all of us who are a part of the child's world.

## What will we do at StrongStart?

These FREE early learning programs are facilitated by Early Childhood Educators. Children along with their parent or caregiver will have the opportunity to:

- Participate in organized activities such as story time, music, science exploration, and physical activity
- Have access to books and art materials
- Enjoy play areas such as water/sand play, blocks, dramatic play, puzzles and more
- Enjoy healthy snacks



## What is the Parent's Role in the program?

Parents attend the StrongStart program with their children and they are encouraged to participate in all the activities with their child.



**Time spent playing with your child will build a bond to last a lifetime!**

**Please drop in and see us .**

**We have resources that promote child growth and development for children ages 0 –5 years.**